GIBB GROUP
MEDICAL & RESCUE

Service Description

STCW Proficiency in Medical Care Course

The STCW (Standards for Training, Certification and Watchkeeping for Seafarers) Proficiency in Medical Care is a training course designed for seafarers who are responsible for providing medical care on board ships.

This course covers the essential medical knowledge, skills, and procedures necessary for managing illnesses and injuries at sea.

COURSE SUMMARY

This course is designed for those who will assume responsibility for the provision of medical care onboard. You will learn how to stabilise and care for a patient whilst waiting for further medical assistance.

There are 3 learning outcomes identified by the Merchant Navy Training Board for this course:

- **OUTCOME 1:** The learner understands how to participate in the co-ordinated provision of medical care to a person onboard.
- **OUTCOME 2:** The learner is able to assess and provide care to an ill person onboard.
- **OUTCOME 3:** The learner is able to assess and provide care to an injured casualty onboard.

SYLLABUS INCLUDES:

- Basic Life Support and Automated External Defibrillator
- Airway management and oxygen therapy
- Trauma assessments and methods of managing blood loss with medication as well as first aid
- Patient assessments – taking and interpreting vital signs, conducting a systematic physical examination and communicating with shoreside medical services
- Developing treatment plans to keep a patient stable until definitive medical help can be accessed
- Developing care plans to care for someone who is ill or injured onboard for prolonged periods and recognise deterioration and escalate as needed
- Wound management to include suturing, skin staples and steri-strips
- Administering of medications via multiple routes including drawing up and giving injections.

Course summary:

- Duration: 5 Days
- Maximum Participants: 6 per instructor
- Course Prerequisites: None
- Certificate valid for: 5 years
- Flexible Choice of Venues: Client Site or Gibb Training Centre

Course includes:

- Hands-on, practical training
- Delivery by certified healthcare professionals, who work at the forefront of pre-hospital care
- Life-like experiences using realistic manikins

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Upon successful completion of this course, you will:

- Have knowledge of ships' medical equipment and stores
- Be able to diagnose medical problems on board ship
- Be able to provide medical care to the sick and injured while they remain on board
- Understand the various co-coordinated schemes for medical assistance on board.

TEACHING AND LEARNING METHODS

- This course is equally balanced between theoretical and practical learning
- Assessment will be carried out via a written test, direct observation, oral questioning and simulated scenarios.

IMPORTANT COURSE ENTRY INFORMATION

- Before embarking on this course, you must be 16 years old and have received approved training in Medical First Aid
- To comply with STCW Maritime and Coastguard Agency regulations, all delegates attending Merchant Navy courses must provide a seaman's discharge book, passport or driving licence when attending the centre. Failure to comply with this requirement will lead to a delay in the issue of your certificate.

VALIDITY OF CERTIFICATE

- Masters and any person in charge of medical care on a UK flag vessel will be required to undertake refresher training in Proficiency in Medical Care every 5 years
- Anyone holding a Ship's Captain's Medical Certificate or a Medicare Certificate that is more than 5 years old would need to update their knowledge by taking either a full Medicare course or a refresher course
- Anyone applying for their Certificate of Competence will need to attend a refresher course. If you are unsure as to the validity of your certificate, please contact the Maritime and Coastguard Agency by calling 02380 329231 or emailing **deck@mcga.gov.uk**.