GIBB GROUP
MEDICAL & RESCUE

Service Description

Retail Advanced First Aid (RAFA) Course

The RAFA Course is the most advanced and up-to-date trauma course presently available to non-healthcare professionals. The course has interchangeable modules depending upon your site-specific risk profile.

The Health and Safety Executive (HSE) states that "First aid provision must be adequate and appropriate in the circumstances" and that all employers should have a first aid needs assessment.

Conceived in collaboration with professionals from Fire & Rescue, Police, Military, and National Health Service (NHS) sectors, the course is delivered by instructors who work at the forefront of pre-hospital and in-hospital care.

AIM OF THIS COURSE

The objective of this course is to reduce preventable pre-hospital fatalities by training candidates to identify and treat life-threatening emergencies and prepare casualties for prompt evacuation to hospital.

The RAFA course is an intensive three-day advanced first aid and trauma training programme. It comprises specialised modules on burns, paediatrics, penetrating trauma, and additional modules can be tailored to address specific organisational risks. It also complies with the latest Resuscitation Council guidelines on the safest and most effective way to use AEDs.

Prior to the course, learners engage in a comprehensive e-Learning package that provides the theoretical knowledge underpinning the practical skills required. This allows the face-to-face component of the course to be predominantly focused on scenario-based learning and practical skills development. The utilisation of high-fidelity manikins further enhances the overall learning experience.

Based upon our first aid training courses for Fire & Rescue Services, where it has been widely adopted, the RAFA course has been tailored to meet the challenges faced in large, public settings, where quick response times and effective care are crucial.

RAFA RETAIL ADVANCED FIRST AID

Course summary:

- Duration: 3 Days
- Maximum Participants: 6 per instructor
- Course Prerequisites: None
- Certificate valid for: 3 years
- Flexible Choice of Venues: Client Site or Gibb Training Centre

Course includes:

- Hands-on, practical training
- Delivery by certified healthcare professionals, who work at the forefront of pre-hospital care
- Life-like experiences using realistic manikins

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COURSE SYLLABUS INCLUDES

- Kinematics – How to perform a 'SCENE' approach and predict injuries based on the forces and motion involved.
- Catastrophic bleeding control – Learn to manage catastrophic external bleeding with the use of advanced pressure dressings, tourniquets, wound packing techniques and haemostatic dressings.
- Airway management – Develop skills in identifying and managing airway obstructions, including the use of suction devices and adjuncts such as oral, nasal and supraglottic airways
- Breathing – Study serious chest injuries and their management, including the titration of Oxygen therapy and the use of chest seals.
- Circulation – Examine how the circulatory system works and how to identify and treat shock
- Disability – Identify and treat head injuries and learn how to prevent secondary brain injuries
- Extremity Trauma – Identify and treat fractures and soft tissue injury using a wide range of splints
  and slings
- Burns – Understand the different types, severity, and treatment of burns
- Packaging and evacuation – Learn the different ways of packaging casualties for rapid evacuation
- Choice of appropriate extrication and transport equipment for time-critical patients

The RAFA course is equivalent to PHEM (Pre-Hospital Emergency Medicine) Level D, as defined by the Faculty of Pre-Hospital Care for providers.

Upon completion, students are awarded a Retail Advanced First Aid (RAFA) certificate.

Candidates also have the option to receive a First Aid at Work certificate, subject to an additional fee.

RAFA INSTRUCTORS – "TRAIN THE TRAINER" BOLT-ON

The RAFA instructor course is delivered as a two-day instructor programme for students who already possess an RAFA qualification. Typically, these two days follow directly after their three-day initial RAFA course.

This 'train the trainer' add-on enables RAFA Instructors to cascade RAFA training within their organisation under a Gibb Group licence, with ongoing support and clinical governance.

The RAFA instructor course comprises the following key elements:

- Principles of adult education
- Basic instructional techniques
  - Power point presentations
  - Skill stations
  - Scenarios
  - Learning conversations / feedback
- Training equipment
- Assessment principles and process

- Course mechanics – how to deliver the RAFA course
- Learning management system
- Course paperwork
- Consolidation of knowledge and understanding.

Once trained and subject to Gibb Group's licensing and clinical governance, new RAFA Instructors can commence delivering the RAFA course to their own candidates. Initial courses should be conducted for four days, so less intensive than for Gibb Group instructors. These courses can be run consecutively or over two 2-day sessions, with a maximum interval of twelve weeks between sessions.

On the fourth day of a delivered course, new RAFA Instructors will be assessed by another instructor from within the client's organisation to ascertain whether they have achieved the RAFA Instructor grade. If the assessor determines that a candidate possesses the necessary skills to deliver the course effectively, they will be permitted to utilise these skills immediately.

RAFA Instructors are required to submit all written and practical assessment forms to Gibb Group for review. Upon receipt, certificates will be issued.

RAFA CERTIFICATES

RAFA practitioners are certified to deliver RAFA skills for a duration of 3 years. RAFA Instructors, on the other hand, are certified to train others to the RAFA standard for a period of 12 months, and as RAFA practitioners for a further 3 years. Both are subject to a Maintenance of Skills (MOS) schedule and the requirement for requalification before the expiration of their certificates.

RAFA practitioners who have only attended the RAFA course are required to requalify within a 3-year period by attending a 2-day requalification course.

RAFA Instructors must attend a 1-day requalification course every year.

NOTE

Award of an RAFA certificate signifies successful completion of the course and assessments, but ***does not*** constitute a license to practice without associated **Clinical Governance**.

In the absence of this, employers are responsible for ensuring their staff possess the necessary capabilities for their roles, which is essential in the interests of patient health and safety. The possession of a Certificate of Qualification from Gibb Group does not diminish their accountability in this regard.